

## Sexually Transmitted Diseases/Infections

### Trichomoniasis

Trichomoniasis is caused by the single-celled protozoan parasite, *Trichomonas vaginalis*. Often referred to as “trich,” this common sexually transmitted disease often has no symptoms.

The genital inflammation caused by trichomoniasis can increase a woman’s susceptibility to HIV infection if she is exposed to the virus. Sex partners of patients with *T. vaginalis* should be treated. Vaginal trichomoniasis has been associated with adverse pregnancy outcomes, particularly premature rupture of membranes, preterm delivery, and low birth weight.

Trichomoniasis is not reportable in North Carolina.

For more information:

- CDC fact sheet, [www.cdc.gov/std/trichomonas/STDFact-Trichomoniasis.htm](http://www.cdc.gov/std/trichomonas/STDFact-Trichomoniasis.htm)
- CDC STD Treatment Guidelines 2010 - Trichomoniasis , [www.cdc.gov/std/treatment/2010/vaginal-discharge.htm#a2](http://www.cdc.gov/std/treatment/2010/vaginal-discharge.htm#a2)